# HEMBLINGTON NEWS

Week beginning Monday 5th February 2024

office-hp@yare-edu.org.uk

wwww.hemblingtonprimaryschool.org.uk



### Greetings

It has been another fun filled week of excellent learning opportunities at Hemblington! The School Choir had a fabulous time performing at the 02 Arena as part of the Young Voices Concert and the team who took part in the UEA Panathlon were extremely successful. We are very proud of all the pupils for superbly representing Hemblington outside of school. The entire school (including the staff!) thoroughly enjoyed the Quidditch Taster session, flying around the playground on broomsticks!

This week is Children's Mental Health week and our pupils will be taking part in lots of exciting activities. Also, Year 3 and 4 have educational visits to the Time and Tide Museum and some pupils in Year 1 and Year 2 will be representing the school at a Football Festival with NCFC.

### Be Responsible

It has been wonderful to see pupils taking responsibility for themselves and supporting their peers both in school and when representing Hemblington at extra-curricular events!

#### Be Resilient

The children have continued to focus on our current theme of resilience and read 'The Dot' in assembly! Everyone is an artist!

### Be Respectful

It was a pleasure to show Mr Jenkins from BHET around HPS - all the children were very respectful and excited to share their learning!

## Be Ready

Our pupils were ready to have a go at the new skill of Kidditch!

## Long Hair

Can we please remind parents and carers that for health and safety reasons, hair longer than shoulder length should be tied back in school.



Be The Best You Can
Be repsonsible, Be respectful, Be resilient and Be ready

### School Choir - Young Voices Concert - 02 Arena London

#### Report by JM from Eagles

On Monday 29th January, we travelled by coach to the O2 in London, to sing in the world's largest choir. When we arrived, we ate our lunch in front of the River Thames, which was an experience of its own! When we entered the O2 Arena, we climbed up to our seats and could finally see how big it was and it wasn't disappointing! Over 9000 children joined together to rehearse for the afternoon. At 7 pm, it was finally time to perform and we could see all the parents coming into the audience. I enjoyed the Young Voices experience because the atmosphere was amazing and it gave me a huge opportunity to sing with other children from across the country. I will remember this experience for a very long time!



## Adapted Games - UEA Sportspark

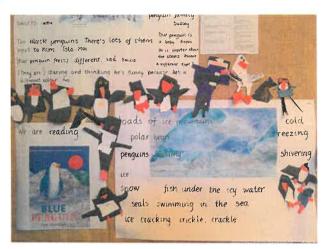
Report by JST from Kestrels

On Monday, we went to the UEA Sportspark for an Adapted Games event. There were loads of schools and we had to do lots of sports! My favourite part was playing cricket because we had to throw a ball into the hoop and hit the stumps. If we did it, we would have scored 10 points... which we did! We all had a good time.





# FANTASTIC LEARNING



We are reading Blue Penguin. Cygnets have had fun being creative this week after one of the children made a penguin in independent learning time. We are building up our colony.

The Swans did an investigation to find out which paper was best for wrapping a parcel. They decided that the paper should be opaque, flexible and strong.





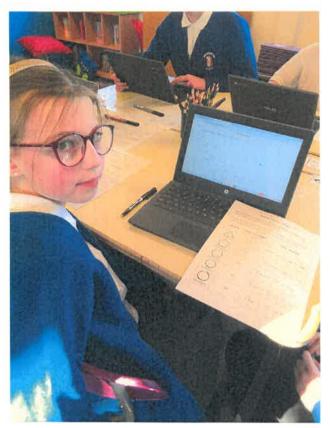
Robins have started to create the shape for their African water jars using papier-mache. Messy but really fun!

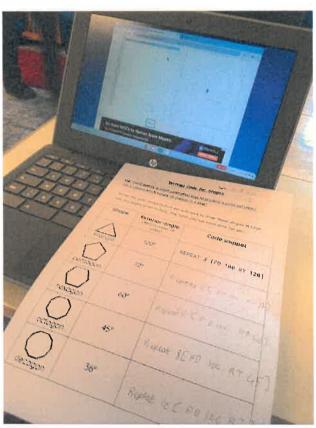




Kingfishers
have been
learning
about
perimeter in
maths this
week. We
discovered
that you can
find the
perimeter of
curved edges
using string.

# FANTASTIC LEARNING





In computing, Swallows have been learning about count-controlled loops - working out and writing the code snippets required for drawing different shapes.



Kestrels have been working hard on their times tables! We have been busy practising them by using a times table card game. We are becoming much quicker at our times tables!



## REMINDERS

#### School Lunches

Please order (or cancel) your child's school lunch, via Parent Portal by 8am on the day. Unfortuantely, Aspens informed us at the end of the last day of term, that the revised/new menu will not be available until after February half term 2024.

#### School Uniform

Pupils are expected to wear a royal blue sweatshirt with the school logo, white polo shirt, black or grey trousers, shorts or skirt with grey or white tights or socks and plain black, flat shoes with a good sole grip. Blue and white gingham dresses are also permitted. Your child's teacher will confirm when the class are learning PE and on these days children are expected to attend in their house colour t-shirt, black shorts, dark colour trainers and the navy school logo sweatshirt or black, navy or grey tracksuit. Please note all clothing must be plain or showing the school logo.

#### School Day

The site opens at 8.30 am and the doors at 8.35 am. The gates close at 8.45 am as this is registration. Any child arriving after 8.45 am will need to enter by the main office. In the afternoon the gates open at 3.05 pm ready for Reception to be collected at 3.10 pm and Year 1-6 at 3.15 pm.

### White Rose App

Within school, we use White Rose Maths and they have released a free app called '1-Minute Maths' to help children to practise at home. The app is aimed at children in Reception and Key Stage 1 so if you have children in those year groups please download the app and encourage your child to have a go!

## <u>Parking</u>

Parents and carers are reminded to be considerate of local residents at the start and end of the school day. Please use Heathlands or the Tamarind for parking before and after school.

#### <u>Clubs</u>

If your child is in Year 1 - 6 and would like to go to Chess Club on a Wednesday from 3.15 - 4.15 pm, please book via Arbor Parent Portal.

Please click this link for a list of Athletics Clubs in Norfolk.

### Help with Living costs - Winter 2023/24

Help with Living Costs - Winter 2023/24 Norfolk Assistance Scheme can help you get support and financial assistance for food, energy, water, and other household essentials including white goods. Please click on the link above which will take you to the Norfolk webpage.

#### MSA vancancies - Can you help?

We currently have vacancies for permanent and bank Midday Supervisor Assistants at Hemblington Primary School. If you are interested in applying for the role or want to know more, please contact

Mrs Norgate/Miss Brugger via the office email: office-hp@yare-edu.org.uk

#### Lost Property

Please name all items of clothing so it can be returned to pupils. Unnamed items will be kept in the office for a fortnight for collection.

#### Guide for parents worried about Neurodiversity Differences/Additional Needs

This NHS <u>guide</u> (on the SEND page of the school website) signposts families to resources and services to support you on your journey as well as useful information about training, EHCPs and help with sleep and mental health difficulties. Please reach out to these services for help.

#### <u>Hedgehogs - Breakfast and After School Club</u>

Breakfast club sessions run from 7:30am to 8:35 am and cost £6. A choice of cereals and toast are available. After school sessions run from 3:20pm to 6:00pm and cost £12. All children are provided with a school snack pack. Sessions currently take place in the Owlery. To book a session please email: head-ds@yare-edu.org.uk

#### School Governance - Can you help?

The Governing Body of Dussindale and Hemblington Primary Schools currently have vacancies for parent representation from each site. As volunteers, school governors carry out a valuable role in supporting and constructively challenging our schools in the best interests of pupils. If you would be interested in this role and want to know more - please email head-ds@yare-edu.org.uk

#### Norwich Science Fair

Ahead of science week in March, Norwich Science Fair has lots of free events for families in February. Visit this <u>link</u> to find out more.

### Dyslexia Awareness Parent/Carer Workshops

Tues 6 Feb 2024 9.30 – 11.45AM	Technology Focus (secondary age) — The workshop will explore technology useful for supporting a dystexic young person with reading, writing, spelling and maths at high school.	ling, per person	
Weds 27 Mar 2024 9.30 - 11.45AM	4 Making Learning Stick [all ages] - The workshop will explore what working memory is, as well as many ways for you to support your child with working memory skills to help increase their confidence and ability when reading, writing, doing arithmetic or studying for exams.		
Thurs 2 May 2024 9.30 – 11.45AM	Supporting Maths Difficulties [all ages] - The workshop will look at the types of challenges a dyslexic young person might lock when doing maths and explore a wide range of practical support tools, resources and apps that you can use at home to support your child.		
Residing/Spelling Strategies (primary age) — The workshop will look at the types of challenges a dysleddygoing person might face when doing reading and spelling, and explore a wide range of practical support tools, resources and apps that you can use at home to support your child.		£10 per person	

#### To book your place please click here





# WHAT IS A MENTAL HEALTH SUPPORT TEAM (MHST)?

MHSTs are intended to provide early mental health support to children and young people in education settings with mild to moderate mental health concerns. Your child's school has signed up to be part of this government programme to support children and young people with mild to moderate emerging mental health issues, and so, has a team of NHS staff now linked to the school and available to support and help.

The team is made up of different clinical staff who are trained in mental health. They are able to provide:

Individual face-to-face work (online or in-person), such as brief, low-intensity interventions for children, young people and families experiencing anxiety, low mood or behavioural difficulties.

Group work for pupils or parents, such as Cognitive Behavioural Therapy (CBT) informed guided self help for young people with conditions such as anxiety.

> Ask to speak to schools mental health lead about referrals. Our mental health lead is:Bria Williamson



#### Norfolk Area SEND and Alternative Provision Strategy (NASAPS) community engagement events

Parents/carers of children with special educational needs and disabilitios (SEND), and the professionals who work with them, are invited to attend one of the free NASAPS events taking place across the county this spring ferm.



Learn about the plans for improving SEND services and support in Norfolk from representatives from Norfolk County Council, and their partners.





omplimentary refreshments

Date	Time	Where
Wednesday 17 January	10:00am - 12:00pm	Great Yarmouth Library
Wednesday 24 January	10:00am - 12:00pm	Swaffham Assembly Room
Thursday 25 January	10:00am - 12:00pm	Young's Park, Aylsham
Monday 29 January	10:00am - 12:00pm	Charles Burrell Centre, Thetford
Wednesday 31 january	10:00am - 12:00pm	Sheringham Community Contre
Tuesday & February	10:00am - 12:00pm	Fairstead Community Centre, King's Lynn
Thursday 8 February	10:00am - 12:00pm	Harford Community Centre, Norwich

#### Why should I attend?

- Learn about the new SEND strategy including thernes, priorities, actions and how these were chosen
- Hear from senior feeders at Norfolk County Council and their pariners
- Find out now you can get more involved
- Yell us your views on our SEND plans for 2024-2029
- Learn more about SEND services and support by visiting the information stands
- Share your experiences
- Talk to other parents/carers and professionals across education, health and social care
- Consolimentary refreshments

#### Secure your free place today by using the above booking links

If you have any questions or would like to speak to the team, please contact us: send@norfolk.gov.uk | norfolk.gov.uk/send







A Message for Safer Internet Day, 2024, from Norfalk Constabulary's Children and Young People Team.

Dear Parents and Caters,

February 6<sup>th</sup>, 2024, marks this year's Safer Internet Day. We can all play a part in keeping children and young people safe online and I am writing to tell you that online safety remains one of the Constabulary's main priorities. With this in mind, we would like to share some links and resources with you.

- Organisers of Safer Internet Day, The Safer Internet Centre, have a wealth of information for parents and carers on their website on the "Guides and Resources" section. Go to <a href="https://www.saferinternet.org.uk">www.saferinternet.org.uk</a>
- Setting boundaries and rules about your child's internet use as early as possible will
  help you to have open and honest conversations about any issues that arise. Please
  find below both a colour and black and white copy of Norfolk Constabulary's 'Family
  Internet Agreement' to help you do this.
- Head to YouTube where you will find a recording of the webinar we delivered on Safer laternet Day, 2023, <u>Recorded Online Safety webinar for parents and carers</u> [youtube.com]
- Follow National Online Safety on Twitter @nationalinesafety; instagram -@nationalonlinesafety; or search "National Online Safety" on Facebook. You can also download the "National Online Safety" app in the Play Store, or on Google Flay, Here you will find information about games, websites and apps young people are using so you can make sure your knowledge is up to date.
- The National Crime Agency's Child Exploitation and Online Protection (CEOP) Education team have a parent and carer area on their website where you can get advice about online safety <u>Parenta and carers 1 CEOP Education (thinkuknow.eo.uk)</u> If you are worned that your child is being groomed online, or sexually exploited, you can find advice about reporting by clicking on the 'How to get helps' tab.
- The Internet Watch Foundation and the NSPCC have developed the 'Report Remove' tool, in partnership with age verification app, Yori, Report Remove can support a young person in reporting sexual images or videos shared online and enables them to get the image removed if it is illegal. Go to Report Remove Introop.uk)

Inspector Bex Brown Norfolk Constabulary, Children and Young People Team,

# DIARY DATES

Monday 5th February - Year 1/2 Football Festival with NCFC

Monday 5th to Friday 9th February - Mental Health week

Tuesday 6th February - Swallow Class to Time and Tide Museum

Wednesday 7th February - Kingfisher Class to Time and Tide Museum

Friday 9th February - 'Dress to Express' Day

Monday 12th February - Kestrels to Coding event at Thorpe St Andrews High School

Monday 12th February - Year 3/4 Girls Football event with NCFC

Tuesday 13th February - 8.50 - 9.20 am Parents reading in class with children - please note this is a date change

Thursday 15th February - Year R Vision and Hearing test

Tuesday 13th and Thursday 15th February - Parent Teacher Consultation Evening

Friday 16th February - Valentine Dress Down Day - Friends event

Monday 19th to Friday 23rd February - Half term

Thursday 29th February - Karate Taster sessions

Friday 1st March - Swallows Class provide cakes for Friends Cake Sale

Tuesday 5th March - Swan Class to Time and Tide Museum

Wednesday 6th March - Fencing taster day

Thursday 7th March - World Book Day

Thursday 7th March - Mini Upper School mixed football tournament at Hillside Avenue Friday 8th March - 100 Square Draw - Friends event

Friday 15th March - Comic Relief TBC

Monday 18th March - Class photos and leavers photos

Wednesday 20th March - Year 5 Wicked trip

Friday 22nd March - Hemblington Preschool Easter Fayre in school hall

Monday 25th March - 8.50 - 9.20 am Parents reading in class with children

Thursday 28th March - Trust INSET day, school closed

Friday 29th March - Friday 12th April - Easter Holidays

Monday 6th May - Bank holiday Monday

Monday 13th - Thursday 16th May - Key Stage 2 SATs week

Monday 20th May - 8.50 - 9.20 am Parents reading in class with children

Monday 20th May - Wednesday 22nd May - Year 4/5 residential to How Hill

Monday 27th - Friday 31st May - Half term

Week beginning 10th June - Year 1 phonics screening

Monday 24th - Wednesday 26th June - Year 6 residential to Hautbois

Monday 24th June - Year 3/4 football

Friday 12th July - Friends 'Dress down day - summer theme

Monday 15th July - Year 5/6 Bikeability

Tuesady 16th July - Year 5/6 Bikeability

Wednesday 17th July - Year 5/6 Bikeability

Thursday 18th July - Year 5/6 Bikeability

Friday 19th July - Year 6 Leavers Assembly 2 - 3 pm