

HEMBLINGTON NEWS

Week beginning Monday 22nd January 2024

office-hp@yare-edu.org.uk

www.hemblingtonprimaryschool.org.uk



Greetings

We have had another fantastic week of excellent learning! As part of their Curriculum, Cygnets were looking for signs of Winter - a perfect week for their investigation! The children had a wonderful time during the snowfall last Thursday, making the most of the opportunity to create mini snow people and just have fun! Eagles enjoyed showing their parents/carers the fabulous 'Steady Hand' games they designed and created. This week we continue our resilience theme in assembly with the story 'After The Fall'.

Be Responsible

The School Council had their first meeting of 2024, representing their classes superbly and making excellent suggestions...watch this space! Also, some pupils have been very responsible in collecting litter with the litter pickers at lunchtimes!

Be Resilient

The children have been inspired by Kevin from 'The Koala who could' and have been sharing examples of resilience this week such as not giving up with difficult calculations!

Be Respectful

All pupils thoroughly enjoyed their Basketball Taster session and were respectful to the coach and to each other!

Be Ready

The Year 6 Football Team have been preparing for their forthcoming match.

School Governance - Can you help?

The Governing Body of Dussindale and Hemblington Primary Schools currently have vacancies for parent representation from each site. As volunteers, school governors carry out a valuable role in supporting and constructively challenging our schools in the best interests of pupils. If you would be interested in this role and want to know more - please email head-ds@yare-edu.org.uk



Be The Best You Can

Be responsible, Be respectful, Be resilient and Be ready

Children's Mental Health Week

Children's Mental Health Week is just around the corner (February 5th to February 9th 2024) and this year's theme is 'My Voice Matters.' At Hemblington Primary School, we are committed to fostering not only academic growth but also the emotional well-being of our students. Throughout the week, all pupils will actively participate in a variety of engaging activities in class and during assemblies. These activities are designed to empower students, encouraging self-expression and highlighting the importance of their unique voices. Pupils are invited to come to school in non-uniform on Friday 9th February 2024, with the theme being 'Express Yourself'. Children are encouraged to wear clothing that shows what makes them unique!

If you have any questions about Children's mental health week, please do not hesitate to contact Miss Williamson via the office.



Mental Health



WHAT IS A MENTAL HEALTH SUPPORT TEAM (MHST)?

MHSTs are intended to provide early mental health support to children and young people in education settings with mild to moderate mental health concerns. Your child's school has signed up to be part of this government programme to support children and young people with mild to moderate emerging mental health issues, and so, has a team of NHS staff now linked to the school and available to support and help.

The team is made up of different clinical staff who are trained in mental health. They are able to provide:

Individual face-to-face work (online or in-person), such as brief, low-intensity interventions for children, young people and families experiencing anxiety, low mood or behavioural difficulties.

Group work for pupils or parents, such as Cognitive Behavioural Therapy (CBT) informed guided self help for young people with conditions such as anxiety.

Ask to speak to schools mental health lead about referrals. Our mental health lead is: Bria Williamson

***A Message for Safer Internet Day, 2024, from Norfolk Constabulary's
Children and Young People Team.***

Dear Parents and Carers,

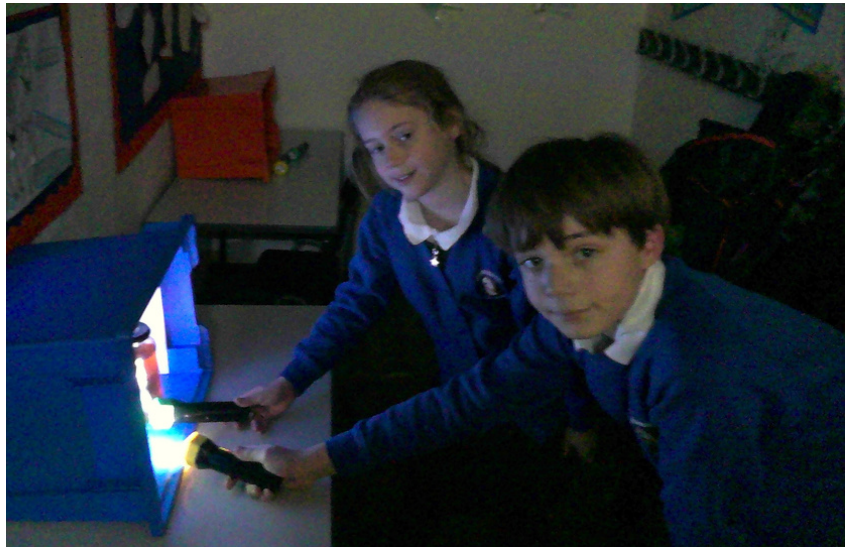
February 6th, 2024, marks this year's Safer Internet Day. We can all play a part in keeping children and young people safe online and I am writing to tell you that online safety remains one of the Constabulary's main priorities. With this in mind, we would like to share some links and resources with you.

- Organisers of Safer Internet Day, The Safer Internet Centre, have a wealth of information for parents and carers on their website on the "Guides and Resources" section. Go to www.saferinternet.org.uk
- Setting boundaries and rules about your child's internet use as early as possible will help you to have open and honest conversations about any issues that arise. Please find below both a colour and black and white copy of Norfolk Constabulary's '**Family Internet Agreement**' to help you do this.
- Head to YouTube where you will find a recording of the webinar we delivered on Safer Internet Day, 2023, [**Recorded Online Safety webinar for parents and carers \(youtube.com\)**](https://www.youtube.com/watch?v=...)
- Follow National Online Safety on Twitter - @natonlinesafety; Instagram - @nationalonlinesafety; or search "National Online Safety" on Facebook. You can also download the "National Online Safety" app in the Play Store, or on Google Play. Here you will find information about games, websites and apps young people are using so you can make sure your knowledge is up to date.
- The National Crime Agency's Child Exploitation and Online Protection (CEOP) Education team have a parent and carer area on their website where you can get advice about online safety [**Parents and carers | CEOP Education \(thinkuknow.co.uk\)**](https://www.thinkuknow.co.uk/parents-and-carers) If you are worried that your child is being groomed online, or sexually exploited, you can find advice about reporting by clicking on the 'How to get help' tab.
- The Internet Watch Foundation and the NSPCC have developed the 'Report Remove' tool, in partnership with age verification app, [**Yoti**](https://www.yoti.com). Report Remove can support a young person in reporting sexual images or videos shared online and enables them to get the image removed if it is illegal. Go to [**Report Remove \(iwf.org.uk\)**](https://www.iwf.org.uk/report-remove)

Inspector Bex Brown
Norfolk Constabulary, Children and Young People Team.

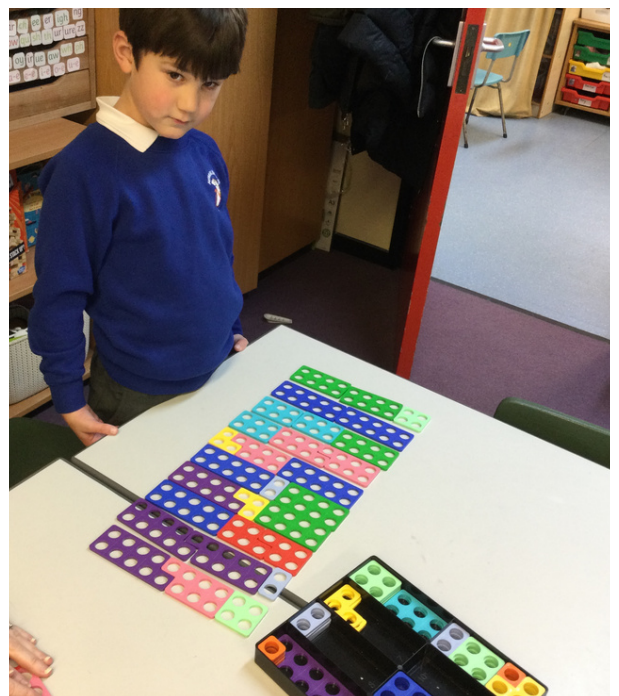
FANTASTIC LEARNING

In Art, Swallows have been exploring how light and colour can change the mood/feeling of an image. They used this to recreate different moods of Claude Monet's 'Bridge over a Pond of Water-Lilies'.



All pupils thoroughly enjoyed their Basketball taster sessions.

Swan class used Numicom to find out different ways that the number 20 could be made using 3 numbers.



FUN IN THE SNOW!



REMINDERS

School Lunches

Please order (or cancel) your child's school lunch, via Parent Portal by 8am on the day. Unfortunately, Aspens informed us at the end of the last day of term, that the revised/new menu will not be available until after February half term 2024.

School Uniform

Pupils are expected to wear a royal blue sweatshirt with the school logo, white polo shirt, black or grey trousers, shorts or skirt with grey or white tights or socks and plain black, flat shoes with a good sole grip. Blue and white gingham dresses are also permitted. Your child's teacher will confirm when the class are learning PE and on these days children are expected to attend in their house colour t-shirt, black shorts, dark colour trainers and the navy school logo sweatshirt or black, navy or grey tracksuit. Please note all clothing must be plain or showing the school logo.

School Day

The site opens at 8.30 am and the doors at 8.35 am. The gates close at 8.45 am as this is registration. Any child arriving after 8.45 am will need to enter by the main office. In the afternoon the gates open at 3.05 pm ready for Reception to be collected at 3.10 pm and Year 1-6 at 3.15 pm.

White Rose App

Within school, we use White Rose Maths and they have released a free app called '1-Minute Maths' to help children to practise at home. The app is aimed at children in Reception and Key Stage 1 so if you have children in those year groups please download the app and encourage your child to have a go!

Parking

Parents and carers are reminded to be considerate of local residents at the start and end of the school day. Please use Heathlands or the Tamarind for parking before and after school.

Clubs

If your child is in Year 1 - 6 and would like to go to Chess Club on a Wednesday from 3.15 - 4.15 pm, please book via Arbor Parent Portal.

Please click this link for a list of [Athletics Clubs in Norfolk](#).

Help with Living costs - Winter 2023/24

Help with Living Costs - Winter 2023/24 Norfolk Assistance Scheme can help you get support and financial assistance for food, energy, water, and other household essentials including white goods. Please click on the link above which will take you to the Norfolk webpage.

MSA vacancies - can you help?

We currently have vacancies for permanent and bank Midday Supervisor Assistants at Hemblington Primary School. If you are interested in applying for the role or want to know more, please contact

Mrs Norgate/Miss Brugger via the office email: office-hp@yare-edu.org.uk

Lost Property

Please name all items of clothing so it can be returned to pupils. Unnamed items will be kept in the office for a fortnight for collection.

Pupil Admission Number

We have been asked to make parents aware that we are currently consulting on a proposed change to our admission numbers - details can be found [here](#)

Guide for parents worried about Neurodiversity Differences/Additional Needs

This NHS [guide](#) (on the SEND page of the school website) signposts families to resources and services to support you on your journey as well as useful information about training, EHCPs and help with sleep and mental health difficulties. Please reach out to these services for help.

Hedgehogs - Breakfast and After School Club

Breakfast club sessions run from 7:30am to 8:35 am and cost £6. A choice of cereals and toast are available. After school sessions run from 3:20pm to 6:00pm and cost £12. All children are provided with a school snack pack. Sessions currently take place in the Owlery. To book a session please email: head-ds@yare-edu.org.uk

Dyslexia Awareness Parent/Carer Workshops

Tues 6 Feb 2024 9.30 – 11.45AM	Technology Focus (secondary age) – The workshop will explore technology useful for supporting a dyslexic young person with reading, writing, spelling and maths at high school.	£10 per person
Weds 27 Mar 2024 9.30 – 11.45AM	Making Learning Stick (all ages) - The workshop will explore what working memory is, as well as many ways for you to support your child with working memory skills to help increase their confidence and ability when reading, writing, doing arithmetic or studying for exams.	£10 per person
Thurs 2 May 2024 9.30 – 11.45AM	Supporting Maths Difficulties (all ages) - The workshop will look at the types of challenges a dyslexic young person might face when doing maths and explore a wide range of practical support tools, resources and apps that you can use at home to support your child.	£10 per person
Tues 18 Jun 2024 9.30 – 11.45AM	Reading/Spelling Strategies (primary age) – The workshop will look at the types of challenges a dyslexic young person might face when doing reading and spelling, and explore a wide range of practical support tools, resources and apps that you can use at home to support your child.	£10 per person

To book your place please click [here](#)

Please contact Laura Bates for further information or to book a place at:
dosadmin@taverhamhigh.org or telephone 01603 860505 ex 239

DIARY DATES

Monday 22nd January - Year 5/6 NCFC Football event
Tuesday 23rd January - Year 5/6 basketball club at lunch time
Tuesday 23rd January - Maths family learning sessions in Years 1, 3 and 5, 08.45 - 9.15 am
Wednesday 24th January - Maths family learning sessions in Years R, 2, 4 and 6, 08.45 - 9.15 am
Thursday 25th January - Choir Rehearsal at Dussindale Primary
Monday 29th January - Choir to Young Voices
Tuesday 30th January and future Tuesday's - Year 5/6 basketball club at lunch time
Wednesday 31st January - Parents Forum 08.45 am in the Owlery
Wednesday 31st January - Kidditch Taster sessions
Friday 2nd February - Kingfisher Class provide cakes for Friends Cake Sale
Monday 5th February - Year 1/2 Football Festival with NCFC
Monday 5th to Friday 9th February - Mental Health week
Tuesday 6th February - Swallow Class to Time and Tide Museum
Friday 9th February - 'Dress to Express' Day
Monday 12th February - Kestrels to Coding event at Thorpe St Andrews High School
Monday 12th February - Year 3/4 Girls Football event with NCFC
Tuesday 13th February - 8.50 - 9.20 am Parents reading in class with children - please note this is a date change
Thursday 15th February - Year R Vision and Hearing test
Tuesday 13th and Thursday 15th February - Parent Teacher Consultation Evening
Monday 19th to Friday 23rd February - Half term
Friday 1st March - Swallows Class provide cakes for Friends Class provide cakes for Friends Cake Sale
Wednesday 6th March - Fencing taster day
Thursday 7th March - World Book Day
Friday 15th March - Comic Relief TBC
Monday 18th March - Class photos and leavers photos
Wednesday 20th March - Year 5 Wicked trip
Friday 22nd March - Hemblington Preschool Easter Fayre in school hall
Monday 25th March - 8.50 - 9.20 am Parents reading in class with children
Thursday 28th March - Trust INSET day, school closed
Friday 29th March - Friday 12th April - Easter Holidays
Monday 6th May - Bank holiday Monday
Monday 13th - Thursday 16th May - Key Stage 2 SATs week
Monday 20th May - 8.50 - 9.20 am Parents reading in class with children
Monday 20th May - Wednesday 22nd May - Year 4/5 residential to How Hill
Monday 27th - Friday 31st May - Half term
Week beginning 10th June - Year 1 phonics screening
Monday 24th - Wednesday 26th June - Year 6 residential to Hautbois
Monday 24th June - Year 3/4 football
Friday 12th July - Friends 'Dress down day - summer theme