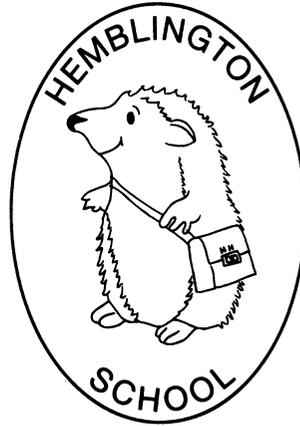


Hemblington Primary School



Relationships, Sex and Health Education (RSHE) Policy

Date Reviewed: June 2021

Next Review Date: June 2023

Policy statement - Aims and objectives of RSHE

It is the intention of Hemblington Primary School to teach high quality, age appropriate, pupil-sensitive, evidence-based RSHE, that demonstrates a respect for the law and all communities. It is expected that RSHE in Hemblington Primary School will help pupils to learn about themselves and the world they live in, giving them the skills, understanding and information they need for life. This will help them to stay safe and to flourish, not just in childhood, but into adulthood and for the rest of their lives. This is why RSHE is such an important part of the curriculum.

Statutory content: RHE

By law primary schools are required to teach relationships and health education, alongside national curriculum science and within the context of safeguarding. Here at Hemblington Primary School we acknowledge that parents/carers are a child's first and most effective teacher and so will ensure that we have annual meetings with parents or carers to present our RSHE curriculum as well as hear from parents/carers about any concerns or questions they have. We are clear that our aim is to educate pupils about these important subjects alongside parents and carers.

National Curriculum Science

At key stages 1 and 2, the national curriculum for science includes teaching about the main external parts of the body and the changes to the human body as it grows from birth to old age, including puberty, and sexual and asexual reproduction in mammals and plants.

Additional subject content (see appendices for full list of content)

There continues to be no right to withdraw from national curriculum science.

Health Education (Physical Health and Mental Wellbeing)

The aim of Health Education is to give pupils the information that they need to make good decisions about their physical and mental health and wellbeing. Pupils' will recognise what is normal and what is an issue in themselves and others, and how to seek support at the earliest stage from appropriate sources.

Puberty, including menstruation, will be covered in Health Education and should, as far as possible, be addressed before children begin puberty.

There is no right to withdraw from Health Education.

Relationships Education

The focus in primary schools should be on teaching the fundamental building blocks and characteristics of positive relationships, with family members, other children and adults. Lessons will be evidence based, age and culturally appropriate, based in the law and sensitive to the needs of pupils.

There is no right to withdraw from Relationships Education

Safeguarding

Safeguarding is an important aspect of all of the lessons taught as part of RSHE in our school. Our safeguarding policy will be applied to and supported by all aspects of RSHE and any disclosures or issues arising as part of RSHE, will be dealt with in line with our safeguarding policy.

Non-statutory RSHE

Sex Education that goes beyond national curriculum science

The Government and local advisors strongly recommend and Hemblington Primary School have decided, after consultation with parents/carers, to teach Sex Education beyond that taught within the science curriculum. The school will be teaching about 'how a baby is conceived and is born' in year (5/6) following on from the national science curriculum, which teaches about sexual reproduction in mammals in year 5. Sex education at Hemblington Primary School will be taught by trained staff in an age appropriate and sensitive way and we believe will help to ready children for their move to secondary school.

The right of parents/carers to withdraw their children from non-statutory RSHE

Parents/carers have a right to withdraw their children from non-statutory RSHE, i.e. 'how a human baby is conceived and is born', following a meeting with a member of the Senior Leadership Team (SLT) to discuss their concerns. The school will document this process.

Equality

- The school will comply with the relevant requirements of the Equality Act 2010 and the Public Sector Equalities Duty (2014): schools must not unlawfully discriminate against pupils or allow children to be bullied because of their age, sex, race, disability, religion or belief, gender reassignment, pregnancy or maternity, marriage or civil partnership, or sexual orientation (Protected Characteristics)
- The delivery of the content of RSHE will be made accessible to all pupils, including those with SEND. • Our school celebrates difference and diversity. The bullying of anyone for any reason is not acceptable. It is expected that our relationships education curriculum will lead to a stronger sense of community, mutual respect and give pupils a sense of responsibility. This will help, to

keep Hemblington Primary School a safe, inclusive and caring place for all, upholding the core values and ethos of the school.

Monitoring evaluation and assessment

- To ensure that the teaching and learning in RSHE in our school is of the highest standard, it will be monitored by our PSHE/RSHE Subject Lead
- The school will identify pupils' prior knowledge through discussion and/or knowledge quizzes.
- The school will assess pupils' learning and progress through work scrutiny, discussion and knowledge quizzes.
- The school will evidence pupils' learning and progress by
- This is important because we are eager to ensure children are making progress with their learning throughout the RSHE curriculum.
- Learning will be evidenced by the tracking of children's progress throughout their time at Hemblington Primary School. Additionally, an emphasis has been placed on pupil voice, allowing for children to reflect at the end of each unit.

Resources

The school will draw from a number of educational resources. For example: NSPCC, SCARF and PSHE Association resources. It is the role of the RSHE/PSHE Subject Leader to ensure that resources are appropriate and up to date for the school's use in teaching RSHE.

Queries

Any queries about this policy should be addressed to the Headteacher or PSHE/RSHE Lead.

Appendix 1

Information about how and why RSHE is taught at Hemblington Primary School

Why are we teaching RSHE?

Because it is the right thing to do.

- Our children are growing up in an increasingly complex world with new opportunities, but also new challenges. We, as a school, want our pupils to flourish in the world they find themselves in and to work hard throughout all curriculum areas to give our pupils the skills and knowledge they need to do that. RSHE teaching is an important part of equipping our pupils for life in 21st century Britain, enabling them to embrace diversity, make the most of technology; understand the importance of, and develop the skills which lead to them being able to sustain healthy and strong relationships.

- Relationships and health education is a statutory requirement for all primary schools in England. The government, Ofsted and local advisors recommend that sex education (how a baby is conceived and born) is also taught in primary school.

- At Hemblington Primary School we have decided to teach sex education, 'how babies are conceived and born' because young people tell us that the school is a trusted place where they would like to learn RSHE. We want to give the children accurate factual information that will give them the prior knowledge that they will need ready for the KS3 curriculum at secondary school. The decision to teach sex education was taken following consultation with parents/carers and governors.

- The teaching of RSHE at Hemblington Primary School is informed by the law, national RSHE guidance and the national curriculum set out by the DfE as well as, the school ethos and policies already developed. Below is a list of some of the documents that have been taken into consideration when preparing this policy.

- Statutory Guidance on RSHE 2019

Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory Guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers

- Equality Act 2010 and The Public Sector Equality Duty 2014

- School ethos and educational aims.

- The teaching of RSHE in Hemblington Primary School is delivered within and influenced by all relating school policies

- Behaviour, Discipline and Anti-Bullying policy

- Online Safety Policy

- Safeguarding policy

- o How will we ensure lessons are taught sensitively?

- Puberty and menstruation and human reproduction and birth are seen as sensitive topics to teach in RSHE and therefore we will put in special measures to make sure that pupils feel at ease when talking about these topics.

- Single sex classes may be used for some lessons so that children feel less self conscious and students may be more relaxed and feel able to ask questions

- Use of anonymous question boxes

When will RSHE will be taught?

- The curriculum is taught throughout the year.
- We teach human reproduction as part of the year five science lessons following lessons on sexual reproduction in mammals, the birth by the end of year six just before the children go to secondary schools.
- How will we ensure communication with parents/carers?
- Hemblington Primary School works with parents/carers and communicates what is going on in RSHE. Our aim is to offer a meeting every year to explain what will happen in RSE, so that parents/carers can, if they wish, talk to their children ahead of lessons. This will allow parents/carers to be ready for any questions that their child may have concerning what they have learnt in school.
- Whenever sex education (how a baby is made and born), outside of the national curriculum for science, is being taught, a letter will be sent home ahead of the lesson so that parents/carers are aware of what is being taught and in which week. Our intention is to make these lessons as sensitive to the background of all our pupils as possible and our hope is that they will all remain in the lesson so that they learn facts from a teacher rather than second-hand in the playground. However, the school respects the right of parents/carers to remove their children from sex education if they wish. Parents/carers who wish to remove their children from sex education need to inform the school in writing, following a meeting with someone from the SLT to discuss concerns, alternative provision can be made for the child. This process will be documented.

Who will be teaching RSHE?

- The class teacher will teach all aspects of RSHE with support and guidance from the RSHE lead teacher.

What training will staff be given?

- The teachers are trained and supported by the RSHE lead.

What materials will be used to deliver RSHE?

- In Hemblington Primary School we have chosen to use a variety of materials to deliver RSHE. This includes materials from Medway , PSHE Association, Healthy Schools, NSPCC and SCARF. We are now a SCARF School and use this to plan our PSHE/RSHE curriculum. The link is here: [Safety, Caring, Achievement, Resilience, Friendship](#).