



OUTDOOR GAMES

Mulberry Bush

The children form into a ring and holding hands they run around in a circle singing:

"Here we go round the mulberry bush,
The mulberry bush, the mulberry bush;
Here we go round the mulberry bush
On a cold and frosty morning."

They then let go of each others hands and pretend to wash their hands, standing in place this time singing:

"This is the way we wash our hands,
Wash our hands, wash our hands;
This is the way we wash our hands
On a cold and frosty morning."

Repeat the first verse (mulberry bush), followed by (using appropriate actions):

"This is the way we wash our face,
Wash our face, wash our face;
This is the way we wash our face
On a cold and frosty morning."

Repeat first verse. This can then be followed by any rhymes of their own invention.

